LACROSSE HOMEWORK

NAME_______________________     CLASS PERIOD______________________

1) How many players are on the field for Men’s lacrosse? Women’s Lacrosse?

2) The skill used to start a game in Men’s Lacrosse? The Skill for Women’s lacrosse?

3) Where did the game originate?

4) Who first wrote the rules for the game we know it today?

5) Is stick checking allowed in both men’s and women’s lacrosse?

6) Is body checking allowed in both men’s and women’s lacrosse?

7) What are the differences in equipment in men’s and women’s lacrosse?

8) It is the action must you do when running with the ball. ________________.

9) Guarding an opponent is also called ________________.

10) A ground ball pick up is also called a ________________.