

Name _____ Period _____ ACE or BDF

Lacrosse

1. Please read both the Men's and Women's Lacrosse information sheets.
2. Lacrosse in PE class is modified because we are only wearing goggles.
Name (list) three items that either men or women wear in regular lax.
 - A.
 - B.
 - C.
3. Lacrosse in PE class is non-contact! List the three ways that contact can legally be made in Men's lacrosse.
 - A.
 - B.
 - C.
4. Contact in Women's lacrosse is limited. The only contact that can be made in Women's lax is between two _____.
5. What is the difference in the number of players on men's and women's teams?
6. What is the term to describe how a women's game begins? _____
7. Describe the action from question #6.
8. What is the term to describe how a men's lacrosse game begins? _____
9. Describe the action from question #8
10. The Native Americans called lacrosse _____.
11. List two ways to get possession of the ball in PE class.
 - A. _____
 - B. _____
12. What are two similarities between the men's and women's lacrosse?
13. Where is the crease located?