

- question you shall replay the point.
5. You cannot touch the net or cross the net with your racket, if you do the other team is awarded the point.
 6. The shuttle must go over the net at all times and it can touch the net and go over.
 7. You can only hit the shuttle one time per side.

Rules for Serving

1. The first serve is decided by either a coin toss, racket spin, or winning a volley.
2. If the serving teams score is even, including zero, the serve starts from the right service box.
3. If the score is an odd number, the serve always comes from the left service box
4. The server must be behind the service line and in front of the baseline
5. All serves go diagonally and must cross the service line of the opponent's service box
6. All serves must make contact with the shuttle below the waistline
7. You must remain stationary during your serve
8. The only time you switch sides with your partner in doubles is if you serve and win the point.
9. The serve can NEVER touch the net.

Strategy

There are three shots that can be used during play that may give you a legal advantage.

1. Over Head Clear- this shot is most commonly used when your opponent(s) are drawn up to the net and is a high shot over their heads aimed for the baseline.
2. Drop Shot- This shot is used in the opposite way if your opponent(s) are deep in the court. You wait for a high shot that you can pretend to swing at but lightly tap it over so it just clears the net and drops.
3. The Smash- This is a great shot for winning points. The set up is usually a high lob that gives you time to see where your opponent's are standing so you know where to hit the birdie so they cannot get to it. The angle will be a downward hard hit shot that will go right to the floor

Skill Serves

Drive serve- this serve is difficult to master and can be effective. To do a drive serve you need to be able to control the height and speed of the serve so your opponent has little time to react to it. This serve can be deep as if you are trying to serve it past your opponents.

Flick serve- the flick serve is a combination of the drive and standard serve. The short back swing and the quick fore swing can surprise your opponents to give you an early advantage. Like the drive serve this should be kept low to the net if possible and can be serve short, just over the service line.