


East Aurora UFSD Parkdale Elementary Lunch Menu

February 2020

- Lunch Prices:
K-4: \$1.80



Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
	LOOKING FOR A JOB? GREAT HOURS AND SUMMERS OFF CALL THE FOOD SERVICE OFFICE 687-02334 Rochelle			
3	TACO TUESDAY 4	5	6	7
Chicken Patty On A Bun OR Turkey Sub ----- French Fries	Taco In A Bag Seasoned Rice OR Ham & Cheese Sub ----- Corn Salsa ¼ cup	Cheese OR Pepperoni Pizza OR Turkey Sandwich ----- Sweet Carrots	Spaghetti & Meatsauce W/Dinner Roll OR Ham & Cheese Sub ----- Romaine Tossed Salad W/Chi Chi Beans	Mac N Cheese W/Dinner Roll OR Turkey & Cheese Sub ----- Green Beans
10	11	12	13	14
Cheeseburger OR Plain Burger On A Bun OR Turkey Sub ----- French Fries	Nacho Grande W/Tostito Chips OR Ham & Cheese Sub ----- Corn Salsa ½ Cup	Cheese OR Pepperoni Pizza OR Turkey Sandwich ----- Romaine Tossed Salad W/Chi chi Beans	Turkey & Gravy Over Rotini OR Ham & Cheese Sub ----- Green Beans	 Mozzarella Sticks W/Dipping Sauce OR Turkey & Cheese Sub ----- Sweet Carrots Sprinkle Cookie
17	18	19	20	21
PRESIDENT'S DAY NO SCHOOL	<div style="border: 1px solid black; padding: 10px; display: inline-block;"> MID WINTER RECESS </div>			
24	25	26	27	28
Chicken Tenders W/Dinner Roll OR Ham & Cheese Sub ----- Sweet Carrots	8" Soft Taco Seasoned Rice Lettuce, Tomato & Cheese OR Ham & Cheese Sub ----- Corn Salsa ½ cup	Cheese OR Pepperoni Pizza OR Turkey Sandwich ----- Romaine Tossed Salad W/Chi chi Beans	Turkey & Gravy W/Mashed Potatoes OR Ham & Cheese Sub ----- Green Beans	BOSCO Sticks W/Dipping Sauce OR Ham & Cheese Sub ----- Broccoli

Offered daily
With all School Lunches:

*Fresh NYS apples from LynOaken Farms
Fresh or Prepared Fruit (served by the ½ cup portion)
Vegetables (served by the ¾ cup unless otherwise noted)
Must take ½ cup of Fruit OR Vegetable (May take 1 cup)
Skim, Low Fat White, or Low Fat Chocolate
NYS Milk from Upstate Farms
IN ADDITION TO THE ENTRÉE OF THE DAY,
WE OFFER:
Peanut Butter & Jelly Sandwich (2M & 2G)
Julienne Salad
Yogurt Parfait made with NYS Upstate Farms Yogurt*

Start with a:

- Vegetable
- Fruit (or take both)
- Choose whole grains
- Pick a lean protein
- Add serving of milk

Take at least 3