


East Aurora UFSD Parkdale Elementary Lunch Menu

March 2020

- Lunch Prices:
K-4: \$1.80



Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheeseburger OR Burger On A Bun OR Turkey Sub ----- French Fries	3 8" Soft Taco Seasoned Rice Lettuce, Tomato & Cheese OR Ham & Cheese Sub ----- Corn Salsa ¼ cup	4 Cheese OR Pepperoni Pizza OR Turkey Sandwich ----- Sweet Carrots	5 Meatball Sub OR Ham & Cheese Sub ----- Romaine Tossed Salad W/Chi Chi Beans	6 Mozzarella Sticks W/Dipping Sauce OR Turkey & Cheese Sub ----- Green Beans
9 Cheeseburger OR Burger On A Bun OR Turkey Sub ----- French Fries	10 Taco In A Bag Seasoned Rice OR Ham & Cheese Sub ----- Corn Salsa ¼ cup	11 Cheese OR Pepperoni Pizza OR Turkey Sandwich ----- Sweet Carrots	12 BBQ Chicken W/Buttered Noodles OR Ham & Cheese Sub ----- Romaine Tossed Salad W/Chi Chi Beans	13 BOSCO Sticks W/Dipping Sauce OR Turkey & Cheese Sub ----- Green Beans
16 Cheeseburger OR Burger On A Bun OR Turkey Sub ----- French Fries Baby Carrots	17 Nacho Grande W/Tostito Chips OR Ham & Cheese Sub ----- Corn Salsa ¼ Cup	18 Cheese OR Pepperoni Pizza OR Turkey Sandwich ----- Romaine Tossed Salad W/Chi chi Beans	19 ½ Day NO LUNCH	20 SUPERINTENDENT'S CONFERENCE DAY NO SCHOOL
23 BOSCO Sticks W/Dipping Sauce OR Turkey Sub ----- French Fries	24 Taco In A Bag Seasoned Rice OR Ham & Cheese Sub ----- Corn Salsa ¼ cup	25 Cheese OR Pepperoni Pizza OR Turkey Sandwich ----- Romaine Tossed Salad W/Chi chi Beans	26 Spaghetti & Meatballs W/Garlic OR Ham & Cheese Sub ----- Green Beans	27 Grilled Cheese W/Tomato Soup OR Turkey & Cheese Sub ----- Sweet Carrots
30 Cheeseburger OR Burger OR Ham & Cheese Sub ----- Sweet Carrots Baked Beans	31 8" Soft Taco Seasoned Rice Lettuce, Tomato & Cheese OR Ham & Cheese Sub ----- Corn Salsa ¼ cup		LOOKING FOR A JOB? GREAT HOURS AND SUMMERS OFF CALL THE FOOD SERVICE OFFICE 687-02334 Rochelle	

**NATIONAL SCHOOL
BREAKFAST WEEK
MARCH 2ND – 6TH
COME IN AND TRY A NEW
BREAKFAST ITEM**

**Offered daily
With all School Lunches:**

**Fresh NYS apples from LynOaken Farms
Fresh or Prepared Fruit (served by the ½ cup
portion)**

**Vegetables (served by the ¾ cup unless
otherwise noted)**

**Must take ½ cup of Fruit OR Vegetable
(May take 1 cup)**

**Skim, Low Fat White, or Low Fat Chocolate
NYS Milk from Upstate Farms**

**IN ADDITION TO THE ENTRÉE OF THE DAY,
WE OFFER:**

**Peanut Butter & Jelly Sandwich (2M & 2G)
Julienne Salad**

**Yogurt Parfait made with NYS Upstate
Farms Yogurt**

Start with a:

- Vegetable
- Fruit (or take both)
- Choose whole grains
- Pick a lean protein
- Add serving of milk

Take at least 3