VOLLEYBALL STUDY GUIDE-9/10

Rules:

1. On a regulation team, there are six players on the court. Three in the front row and three in the back row.

2. A team is allowed up to three hits on a side before the ball must go over the net.

3. A player may not contact the ball twice in a row.

4. The ball MAY hit the net on a serve, as long as it goes onto the other team’s side. This is called a let serve.

5. The ball may hit the net during court play.

6. If the ball lands on the out of bounds line, it is in.


8. Rally scoring is the type of scoring where a point is scored every time a ball is served.

9. A regulation match consists of three out of five games.

10. A player cannot touch the net.

11. A player may cross the centerline of the court as long as it does not hinder the other side.

Diagram of the court